



**Learning Disabilities  
& ADHD Network**  
CALGARY REGION



Time	Activity, Topic & Speakers
8:00 - 8:30 am	Registration & Resource booths
8:30 - 8:50 am	Welcome & Opening Remarks by Guest Speaker
9:00 - 10:15 am	<b>1A Strategies to Work with Your Brain - EF for Adults</b> Angie Jones, Tracie Czerkawski & Dani Taylor
	<b>1B What are EF Skills and How Can We Support Them in Children?</b> Lauren Thompson
10:15 - 10:30 am	Break & Resource booths
10:30 - 11:45 am	<b>2A Navigating Relationships as an Adult with ADHD/Learning Disorders</b> Dr. Heather Baker
	<b>2B Parent Advocacy as Part of the School Learning Team</b> Terra Xavier
11:45 am - 12:30 pm	Lunch
12:30 - 1:45 pm	<b>3A Designing to the Edges of Your Math Classroom</b> Sheryl Walters & Liz Thompson
	<b>3B Beyond the Diagnosis: Understanding the Benefits and Challenges of ADHD Medications</b> Dr. Sterling Sparshu
1:45 - 2:00 pm	Break & Resource Booths
2:00 - 3:15 pm	<b>4A Strategies for Supporting Mental Health in Neurodiverse Students</b> Dr. Gabrielle Wilcox
	<b>4B Understanding ADHD in Girls &amp; Women - Strategies for Success</b> Navdeep Vining & Uma Pepin-Robbins
3:15 - 3:30 pm	Break & Resource Booths
3:30 - 4:30	Fireside Chat with Expert Panel - Audience Participation & Closing Remarks